



LEARN HOW TO PROTECT ME WHILE I SLEEP

FREE

Safe Sleep Classes

REMEMBER
The ABCs of Safe Sleep



LONE

Not with other people, pillows, blankets
or stuffed animals.

on my **B**ACK

Not on the stomach or side.

in my **C**RIB

Not on an adult bed, sofa, cushion
or other soft surface.

Every 4th Tuesday of the Month
NEXT CLASSES

JAN 27 • FEB 24 • MAR 24
APR 28 • MAY 26 • JUN 23

11 a.m. - 12:30 p.m.
THE FAMILY PLACE

8726 Woodward Avenue
Detroit, Michigan 48202

Call (313) 410-5264 to register.



DETROIT
DHWP
DEPARTMENT OF HEALTH &
WELLNESS PROMOTION

City of Detroit Department of Health & Wellness Promotion

The MISSION of the Detroit Department of Health and Wellness Promotion (DHWP) is to improve health and quality of life through the application of best practices in the delivery of public health services.



**IF YOU'RE HAVING A
BABY OR HAVE A CHILD
UNDER 5, THE CITY OF
DETROIT HAS A NUMBER
TO LINK YOU TO THE
SERVICES YOU NEED!**

961-BABY

**REFERRAL HOT LINE
313-961-2229**

Linking You to  Vital Services

- Prenatal Care • Parenting & Childbirth Classes**
- Women, Infants, and Children (WIC) Nutrition Program**
- Safe Sleep Education • Immunizations**
- Pediatric Dental Care • Lead Screening & Prevention**
- Housing • Transportation • Utility Information**
- Doula Services • Free Clinics**
- Smoking Cessation**
- Diapers, Clothing, & Formula for Your Baby**
- And Much More!**