

Examination Test Preparation

The written examination test may be a little different from other tests you have taken. The test covers basic skills, such as:

- Reading comprehension including text, charts, tables, maps, plans, street guides, graphics, and gauges
- Vocabulary Skills
- Mathematical Skills

The best way to prepare for these type of exams is to review these basic skills by obtaining practice civil service exams from a library or a bookstore. If you are not sure of your skills in these areas, you may consider taking a remedial class at an adult education center or at a local community college. Most community colleges have tests to assess your skills in these areas, and some can even design a class specifically to address your needs.

REFERENCES

English and Writing

Easy English, Basic Grammar and Usage. Bonet, Diana. Menlo Park, CA: Crisp Publications, Inc. 1993.

English Made Simple. Waldhorn, Arthur, and Ziegler, Arthur. Garden City, NY: Doubleday and Company, Inc. 1981.

Math

Basic Mathematical Skills. Streeter, Hutchinson, and Hoelzle. New York: McGraw-Hill. 1991.

Every Day Math Made Easy. Davidson, Peter. New York: McGraw-Hill. 1994

Practical Math Success in 20 Minutes a Day. Learning Express. April 10, 2005.

Reading

The Active Learner. Brown, Sallie and Miller, Douglas. Roxbury Publishing. 1995.

What You Need to Know about Reading Comprehension and Speed, Skimming and Scanning, Reading for Pleasure. Coman, Marcia J., and Heavers, Kathy L. Lincolnwood, IL: National Textbook Company. 1991.

Physical Agility Test Preparation

It is very important that applicants adequately prepare for the physical agility test. Applicants are advised to begin a conditioning program, if possible, at least 4 to 6 weeks prior to the testing date. The conditioning program should include upper body and aerobic exercises, such as push-ups, hand grip exercises, running, bicycle riding or swimming for 20-30 minutes. If applicants are overweight, they should consider weight loss as part of the conditioning program.

UPPER BODY STRENGTH

To accomplish the goals in building upper body strength, the Fire Department Training staff suggests a “push-pull” routine of weight lifting. This means applicants should alternate their daily workout between the “push” muscles (chest, shoulders, triceps) and the “pull” muscles (back, biceps, forearms).

All applicants’ weight lifting should be done so that they are completing 6-10 repetitions. If the applicant is able to do more than 10 repetitions with any weight, more weight should be added.

Detroit Fire Department

1301 Third St., 6th North
Detroit, MI 48226

For more information, call
(313) 596-2959

www.detroitmi.gov



City of Detroit

Consider a career
with the

Detroit Fire Department



Firefighter Duties

Firefighters perform a variety of strenuous and sometimes dangerous activities when fighting fires and assisting individuals at fires and in other situations.

In addition, firefighters participate in fire prevention, safety, and community programs, and are responsible for cleaning and maintaining firefighting tools and equipment.

REQUIREMENTS

EDUCATION: A U.S. high school diploma or GED equivalent, which meets the current minimum requirements for Michigan High School Equivalency Certificate.

PHYSICAL: Firefighting and medical rescue work is physically demanding. Candidates must be in excellent health and have no conditions that would restrict their ability to safely conduct fire suppression and rescue work.



To Become a Detroit Firefighter

YOU MUST

- be at least 18 years of age
- be in good general health
- possess a high school diploma or GED
- possess a valid State of Michigan Driver's License

Also, an Emergency Medical Technician (EMT) License is preferred.

Individuals must successfully pass a written examination, the Candidate Physical Agility Test (CPAT), medical evaluation and criminal background investigation.



EMT/Paramedics provide emergency care of sick and injured residents, commuters, and visitors to the city of Detroit, often under stressful conditions. Individuals in these positions also clean and maintain specialized equipment.

To Become an Emergency Technician (EMT)

YOU MUST

- be at least 18 years of age
- be in good general health
- have 20-30 vision in each eye (uncorrected)
- have completed EMT training
- have a State of Michigan EMT license
- possess a high school diploma or GED
- possess a valid State of Michigan Chauffeur's License

