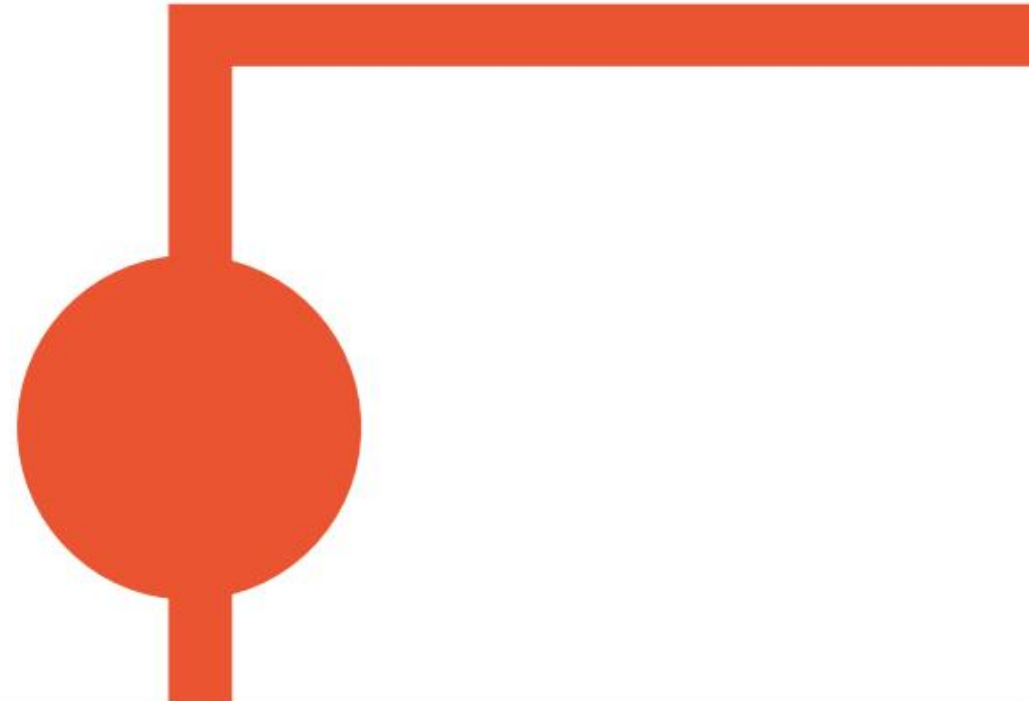




**Dr. Karla Mitchell, ND, ADS, MBA**  
**Executive Director**  
**Changing Lives And Staying Sober**



# MEETING AGENDA

01

## **WELCOME & INTRODUCTION**

Organization Overview  
Programs Summary

02

## **DISTRICT 1 SNAPSHOT**

Social Vulnerability Profile  
Behavioral Health Profile: District 1

03

## **COMMUNITY ENGAGEMENT**

Benefit & Resources  
Upcoming Events

04

## **GET INVOLVED**

Contact & Connect

05

## **CLOSING**

Questions

*Changing Lives and Staying Sober (CLASS)* provides prevention and treatment services for youth, adults and families that help to improve the quality of their lives and to inspire community level lifestyle, behavioral and environmental change through:

- Early Intervention and Case Finding
- Screening/Brief Intervention
- Community outreach, education and engagement
- Personal growth and health promotion activities
- Youth Enrichment Program
- Education, information and training through the CDC Drug Free Communities A.C.T.I.O.N coalition
- Crisis Response, Referral to Treatment and Care Coordination



## OUR PROGRAM GOALS

*Changing Lives and Staying Sober (CLASS)* works diligently to educate the youth, families and communities on substance misuse and its effects.

- Reduce Underage Drinking
- Reduce Underage Rx Misuse
- Reduce Youth Access to Tobacco, Marijuana and Other Drugs
- Reduce Illicit Drug Use
- Increase Environmental Change
- Increase Access To Treatment
- Promote Community Engagement, Education & Advocacy

# PROGRAMS WE OFFER

- Youth, families and community members have access to a variety of free programs and services offered by CLASS AGENCY and its external partners
- We also offer free training, focused on the skills and methods that enable you to offer immediate, short-term help to individuals who experience an event that produces emotional, mental, physical, and behavioral distress, problems or emergency

01

YOUTH LIFE SKILLS PROGRAM  
CROWELL CENTER - DETROIT

02

BRIDGING THE GAP  
1-800-465-1611

03

RECOVERY SUPPORT SERVICES  
(313) 412-2160

04

DIGITAL HEALTH LITERACY  
FB/IG: CLASS\_AGENCY

05

YOUTH LED COMMUNITY BASED  
LEADERSHIP ACADEMY

06

WRAP AROUND SERVICES &  
WELLNESS PROGRAMMING

# Social Vulnerability Index: Detroit

**Figure 1** illustrates socioeconomic vulnerability measures as follows:

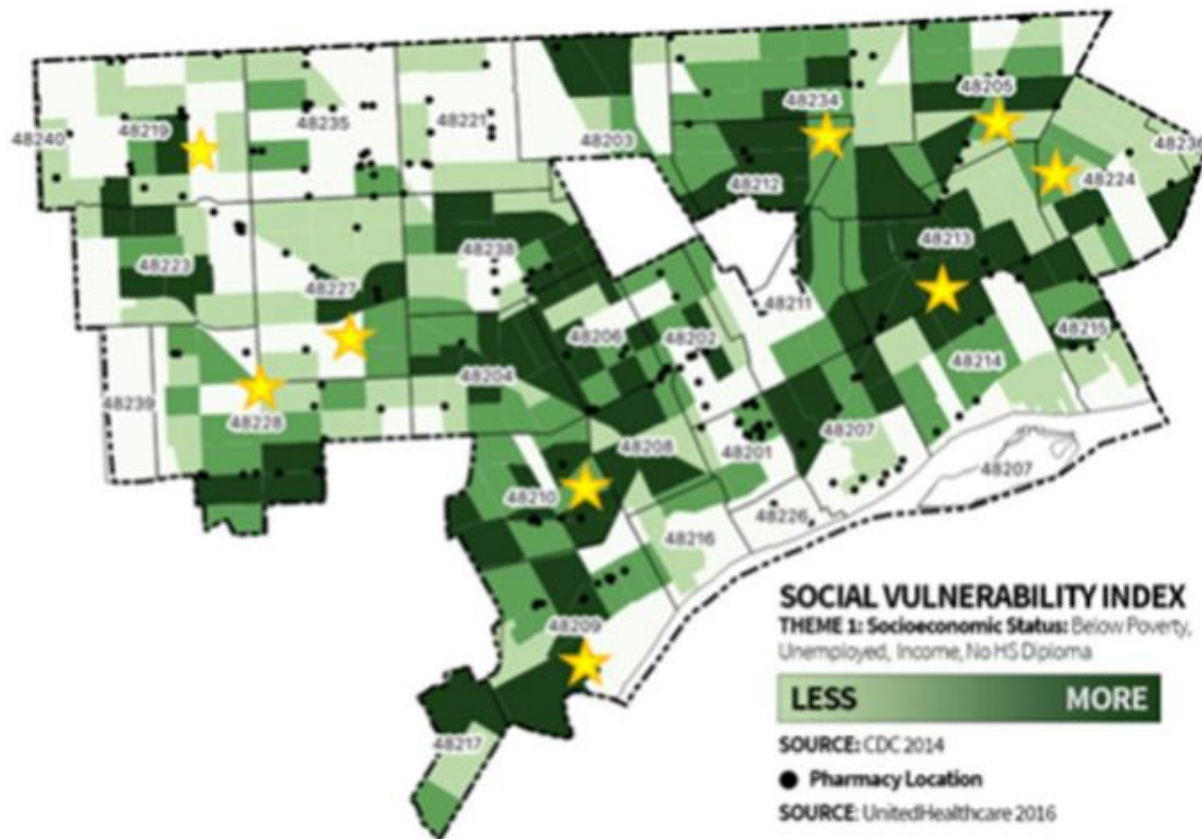
**Poverty** – population living below Federal poverty level

**Unemployment** – age 16 and over seeking work

**Per capita income** – 2013 inflation-adjusted

**Education** – age 25+ without a high school diploma

**Health insurance** – age less than 65 without insurance



★ = priority zip codes

**Figure 2** illustrates housing/transportation vulnerability measures as follows:

**Large apt. buildings** – 10 or more housing units per building

**Mobile** – percent of housing units

**Crowding** – housing units with more than one person per room

**No vehicle** – households with no vehicle available

**Group quarters** – population living in group quarters

**Figure 3** illustrates household composition & disability vulnerability measures as follows:

**Seniors** – aged 65 or older

**Youth** – aged 17 or younger

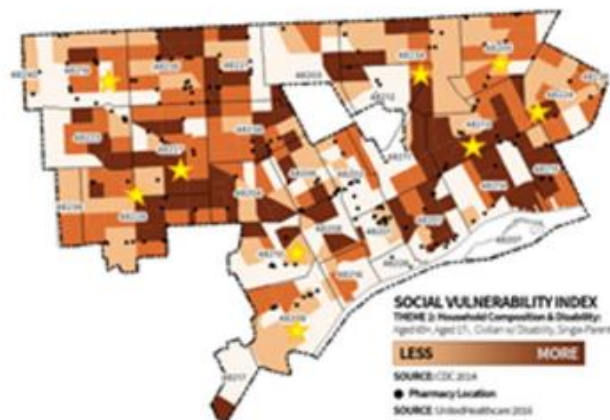
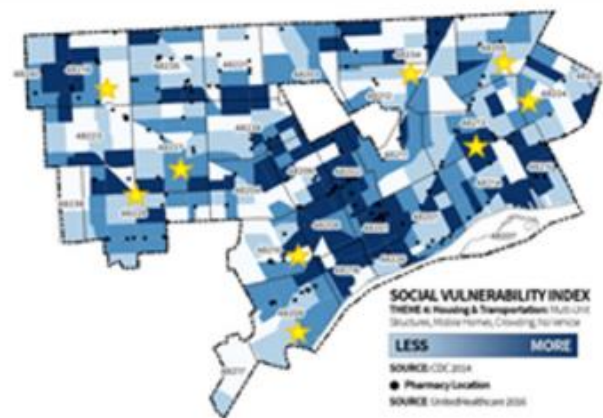
**Ability** – Civilian with a disability

**Family structure** – single-parent households

**Figure 4** illustrates minority status vulnerability measures as follows:

**Minority** – identifies as non-white

**Literacy** – speaks English "less than well"



# Behavioral Health Snapshot

- **Nationally, there was a 1,000% increase in emotional distress reported to emergency hotlines (NIH 2020)**
- **Wayne County represents 46% overdose deaths in MI (CDC 2020)**
- **Detroit has the highest burden of opioid overdoses in MI (CDC 2020)**
- **Detroit has the 4th highest number of people living in economically/socially distressed zip codes in the US (Bloomberg)**
- **Detroit has the highest burden of adverse childhood experiences (ACEs) in the US >80% (Kresge/Youth Wellness 2019)**

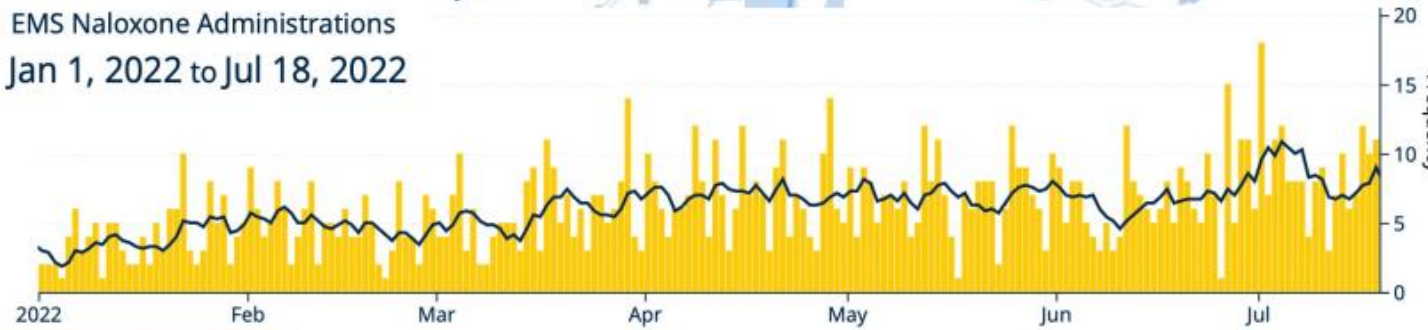
## Opioid Overdose Surveillance



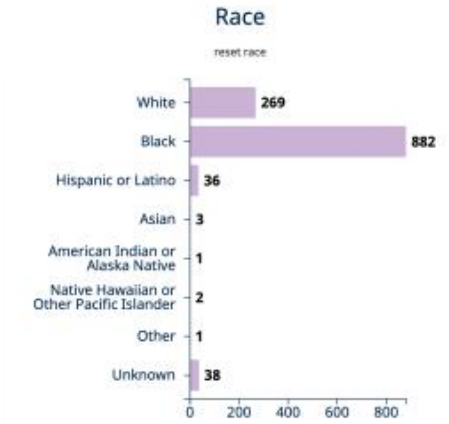
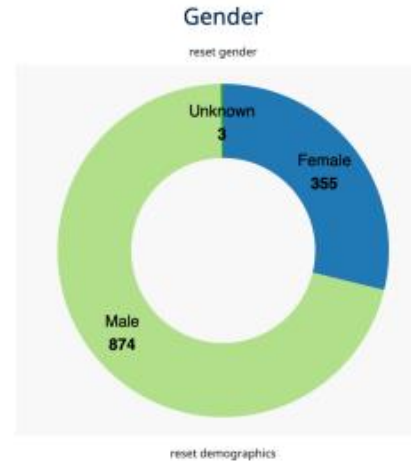
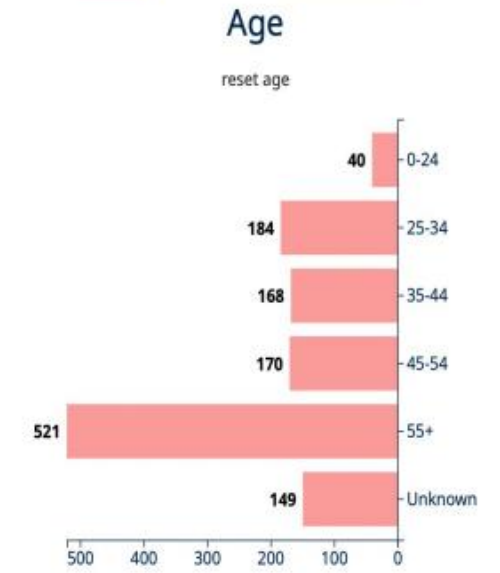
SOS website: <https://injurycenter.umich.edu/opioid-overdose/opioid-surveillance/>



**Detroit**  
EMS Naloxone Administrations  
Jan 1, 2022 to Jul 18, 2022



ZIP CODE	SUSPECTED OVERDOSES
48219	69
48223	42
48227	61
48235	48



**Amanda Ballesteros, MPH Project Manager, System for Opioid Overdose Surveillance (SOS) University of Michigan Injury Prevention Center Public Health Analyst, Michigan HIDTA**





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What Goes Here  
Narcan Images/Training  
Marijuana Lock Boxes  
Deterra Disposal Bags  
**Free Community Resources**

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Detroit Youth Empowerment  
Awards

Women's Retreat

Recovery Walk

Coalition Meeting

**Upcoming Events**





# Contact Us

**Dr. Karla Mitchell, ND, ADS, MBA**  
**Executive Director**

**Changing Lives And Staying Sober**

**[kmitch.nd@classagency.org](mailto:kmitch.nd@classagency.org)**

**<https://www.class-agency.org/>**

Add Anitra Jones – Prevention Services

Add Erika VanAlstine – Recovery Support  
Services